

**VINAYAKA MISSION'S RESEARCH FOUNDATION  
(Deemed to be University), SALEM**

**M.P.T. DEGREE EXAMINATION – April 2021**

**Fourth Semester**

**PT IN OBSTETRICS AND GYNECOLOGICAL  
PHYSIOTHERAPY**

Time: Three hours

Maximum : 100 marks

**I. Write short answers on:**

**(10 x 2 = 20)**

1. Menarche.
2. Types of pregnancy test.
3. Kegel's exercises.
4. Stages of labor.
5. Puerperium.
6. Contraceptive methods.
7. Clinical features of genital prolapsed.
8. Urodynamic study.
9. Stress urinary incontinence.
10. Anorectal dysfunction.

**II. Write short notes on:**

**(8 x 5 = 40)**

11. Notes on pelvic floor training.
12. Physiological changes in endocrine and cardio vascular system during pregnancy.
13. Notes on ante- Natal Diet and Weight Gain.
14. Benefits of exercises in pregnancy.
15. Coping techniques to reduce pain during labor.
16. Notes on Post – Menopausal problems and its management.
17. Notes on Polycystic ovarian syndrome.
18. Notes on urinary incontinence, its symptoms, assessment and its management.

**III. Write essays on:**

**(2 x 20 = 40)**

19. Write in detail about musculo skeletal problems during pregnancy, its assessment and physiotherapy management
20. Write in detail about Pre- operative and Post- Operative assessment and treatment for gynecological Repair surgery with discharge advice